

SPORTS AUTHORITY OF INDIA (PERSONNEL DIVISION)

JLN Sports complex (East gate) Lodhi Road New Delhi-110003

F. NO. 1(10)/SAI/SS/2020-21

Date:01-10-2020

Sports Authority of India invites applications for the post of Strength & Conditioning Experts & Physiotherapists on contract basis.

Sports Authority of India (SAI) is an autonomous organization under the Administrative control of the Ministry of Youth Affairs and Sports with its Head office at Jawaharlal Nehru Sports Complex, Lodhi Road, New Delhi-110003.

SAI has established 23 National Centres of Excellence across the country for training of young and elite athletes in various disciplines. These NCOEs are funded for several items *inter-alia* Sports Science staff through Khelo India Scheme of Ministry of Youth Affairs & Sports. To strengthen the NCOEs SAI invites applications from eligible candidates for engagement in the following disciplines on contract basis at various SAI Centers.

- 1. Strength & Conditioning Expert.
- 2. Physiotherapist.

The number of vacancies and the place of deployment can be varied as per workload. Indicative figures are as follows:-

S.NO	DESIGNATION/POST	TOTAL VACANCY
1	Strength& Conditioning Expert	62
2	Physiotherapist	47

STRENGTH & CONDITIONING EXPERT (Specific requirements, shortlisting and interview information)

1. ESSENTIAL EDUCATIONAL QUALIFICATIONS.

Applications are invited from all interested candidates who possess any of the following degree from a recognized Indian or Foreign University

Bachelor of Sports & Exercise Science.

OR

Bachelor of Science in Sports Science
 OB

Bachelors in Sports Coaching & Exercise Science

2. CRITERIA FOR SHORT LISTING OF CANDIDATES FOR THE INTERVIEW.

Short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

CATEGORIES FOR EVALUATION	MAX MARKS	SCORING OF MARKS				
Higher Educational Qualifications	10	Masters in Sports and Exercise Science/Sports Science - 10 marks	Masters in Sports Coaching – 7 marks	Masters in Physical Education/ Diploma in sports coaching– 5 marks		
Work Experience	10	Every completed six months of related experience at a recognized State / National level sports organization(Govt or Private)/ teams/players will be given 1 mark, Upto a maximum of 10 marks.				
Strength & Conditioning Certification	15	ASCA Level 3/CSCS (NSCA)/Level 4 (UK) – 15 marks	ASCA Level 2/Level 3 (UK)- 10 marks	ASCA Level 1/Certificate course in Strength &Conditioning/ fitness trainer level 4 certification from National Skill Development Cooperation of India – 5 marks		
Percentage of Marks obtained in Graduation	5	≥50%<60% =2 marks ≥60%<70% =3marks ≥70%<80% =4marks ≥80% =5 marks.				
Sports achievement	10	International Level (Representing India in a sports event recognized by sports governing bodies)– 10 marks	Medal at National Level (Representing his/her state in national competition recognized National Sports Federation) – 7 marks	Medal at University/State Level(representing district/university in a state level, university competition recognized by State Sports body or AIU) – 5 marks		

3. INTERVIEW PROCESS

The Candidates will be assessed on the following:

CATEGORIES FOR EVALUATION	MAXIMUM MARKS
Domain Expertise	30
Practical knowledge and knowledge of allied sports science disciplines	20
Aptitude for working in a sports organization	15
Principles of training, Programming of training design and its organisation	15
Soft skills	10
Pre-Rehabilitation& Injury Management	10

PHYSIOTHERAPIST (Specific requirements, shortlisting and interview information)

1. ESSENTIAL EDUCATIONAL QUALIFICATIONS.

Masters in Physiotherapy from any recognized Indian or Foreign University.

2. ESSENTIAL WORK EXPERIENCE.

Minimum 3 years of work experience as Physiotherapist.

3. CRITERIA FOR SHORTLISTING OF CANDIDATES FOR INTERVIEW.

Short listing of candidates to provide an optimum ratio for the interview will be carried out on following basis:

CATEGORIES FOR EVALUATION	MAX MARKS	SCORING OF MARKS
Total Work experience as Physiotherapist	20	2 marks for every completed 1 year of work experience as physiotherapist will be awarded, upto a maximum of 20 marks
Work experience in sports	30	3 marks will be awarded for every completed 1 year of work experience as Sports Physiotherapist at a recognized State level / National level sports organization(Govt. or Private)/ teams/players upto a maximum of 30 marks

Marks obtained in Master's degree	20	Percentage of marks >50% 60%10marks Percentage of marks >60%- 70%15marks Percentage of marks >70%20marks		
Masters in Physiotherapy (Specialisation)	30	Sports Science Musculo - Skeleton Science	30 15	
		Orthopedics	15	
		Health promotion in disability rehabilitation	15	

4. <u>INTERVIEW PROCESS</u>

The Candidates will be assessed on the following:

CATEGORIES FOR EVALUATION	MAXIMUM MARKS
Domain Expertise	30
Practical knowledge	30
Aptitude for working in a sports organization	10
Knowledge related to recent advancements in the relevant discipline.	10
Soft skills	10
Knowledge in allied sports science discipline	10

NOTE:

- THE ABOVE MENTIONED SHORT LISTING CRITERIA WILL BE USED FOR CALLING THE CANDIDATES TO APPEAR IN THE INTERVIEW.
- THE FINAL MERIT WILL BE BASED ON THE SCORE OBTAINED IN THE INTERVIEW ONLY.
- THE CANDIDATE MUST PRODUCE ALL THE ORIGINAL DOCUMENTS, AT THE TIME OF PHYSICAL JOINING OTHERWISE THE CANDIDATURE WILL BE CANCELLED.

1. **DOCUMENTS REQUIRED:**

Self attested scanned copy of original documents of the following be uploaded:

A) **STRENGTH AND CONDITIONING:**

i. DEGREE AND MARKSHEET :(whichever applicable)

The certificate uploaded must be one issued by the Competent Authority (i.e. University or other examining body) awarding the particular qualification.

ii. WORK EXPERIENCE

Documents claiming work experience must clearly mention the following

- a. Name of the establishment.
- b. Signature of competent authority/issuing authority clearly stating their position of authority in the organization.
- c. Duration of work experience.
- d. The field in which the candidate has worked. Or the post held in the establishment.
- iii. STRENGTH AND CONDITIONING CERTIFICATIONS (whichever applicable)

iv. SPORTS ACHIEVEMENTS:

Claims of sports achievements are to be supported by appropriate documents.

B) **PHYSIOTHERAPIST**

i. DEGREE AND MARKSHEET:

The certificate uploaded must be one issued by the Competent Authority (i.e. University or other examining body) awarding the particular qualification.

Masters in Physiotherapy from a recognized Indian or Foreign University.

ii. WORK EXPERIENCE

Documents claiming work experience must clearly mention the following

- a. Name of the establishment
- b. Signature competent authority/issuing authority clearly stating their position of authority in the organization.
- c. Duration of work experience.
- d. The field in which the candidate has worked or the post held in the establishment.

C) OTHER DOCUMENTS:

- i. Proof of Date of birth: Aadhar Card/10th class mark sheet/12th class mark sheet.
- ii. Recent passport size color photograph.
- iii. Scanned copy of No Objection Certificate from their present employer, in case working in Central/ State Government/ Autonomous Organizations on regular basis.

GENERAL INSTRUCTIONS

(All the instructions given below must be strictly followed or else the application is liable to be rejected)

1. WHO CAN APPLY: Applications are invited only from candidates who fulfill eligibility criteria of essential educational qualification and essential work experience as mentioned in above sports science discipline. These are minimum eligibility criteria for application for above posts.

2. After the initial registration is completed online, the candidate must upload the following documents in the below mentioned order. Self attested documents in PDF format are to be uploaded. (See sample document in the end)

The order of documents is as follows:

- a) Candidate details: Name
 - i. Application No
 - ii. Contact No
 - iii. Address
 - iv. Email id
- b) Document for DOB:
- c) Online application printout.
- d) Mark sheet of postgraduate degree.
- e) Mark sheet of graduation degree.
- f) Degree certificate of post-graduation course.
- g) Degree certificate of graduation course.
- h) Work experience if any.
- i) Skill certification (wherever applicable) if any.
- j) Documents supporting sports achievement if any.
- 3. The responsibility of ensuring genuineness of the certificate lies completely on the candidate by self-attestation. SAI reserves the right to discard experience certificates which do not provide correct details as asked above. Website links could be provided to ascertain genuineness.
- 4. Any experience claimed during the course of completion of the degree will not be counted. Any experience which is not relevant to the above discipline /fields will not be counted.
- 5. Candidates will be called for the interview on the criteria as mentioned above. Hence mere fulfillment of eligibility criteria does not entail that candidate will be called for the interview.
- 6. The Candidates should note that their candidature at all the stages will be purely provisional, subject to their satisfying the prescribed eligibility conditions. If on verification at any stage before or after Interview, it is found that they do not fulfill any of the eligibility conditions; their candidature will be cancelled by the SAI.
- 7. NOTE: SELECTED CANDIDATES WILL BE REQUIRED TO PRODUCE THE ORIGINALS OF THE CERTIFICATES MENTIONED ABOVE PHYSICALLY AT THE TIME OF JOINING. FAILURE TO SUBMIT THE REQUIRED CERTIFICATES IN ORIGINAL AT THE TIME OF PHYSICAL JOINING WILL LEAD TO CANCELLATION OF CANDIDATURE.

8. Terms & Conditions for contractual engagement:

- a) Tenure: Initial contractual engagement will be for a period of three years. The tenure can be further extended by two years for a maximum period of five years on the basis of satisfactory performance. The tenure is subject to continuation of Khelo India Scheme.
- **b)** Age Limit: The maximum age shall not be more than 45 years on the last date of receipt of applications.

The date of birth, accepted by the SAI is that entered in the Matriculation or Secondary School Leaving Certificate or in a certificate recognized by an Indian University as equivalent to Matriculation or in an extract from a Register of Matriculates maintained by a University which extract must be certified by the proper authority of the University or in the Higher Secondary or an equivalent examination certificate. No other document relating to age like horoscopes, affidavits, birth extracts from Municipal Corporation, Service records and the like will be accepted. The expression Matriculation/Higher Secondary Examination Certificate in this part of the Instruction include the alternative certificates mentioned above.

c) Remuneration: - Monthly remuneration will be decided on the basis of expertise and performance of the candidates in the interview and on the recommendation of the Selection Board.

Based on the recommendation: The candidates will be placed in different grades (Grade I and Grade II)

DISCIPLINE	GRADE	REMUNERATION
Strength And	Lead	Rs. 1,00,000-1,50,000/-
Conditioning Expert		
Strength And	II	Rs. 60,000-80,000/-
Conditioning Expert		
Physiotherapist	I	Rs. 40,000-60,000/-
Physiotherapist	II	Rs. 60,000-80000/-

Annual Increment @7% (maximum) may be considered subject to satisfactory performance.

- d) **Tax Deduction at source: -** The income tax or any other tax liable to be deducted, as per the prevailing rules will be deducted at source before effecting the payment, for which the SAI will issue TDS certificates/ Service Tax, as applicable.
- e) Other Allowances: No TA /DA shall be admissible for joining the assignment or on its completion. No other facilities like DA, Accommodation, Residential Phone, Conveyance /Transport, Personal Staff, Medical reimbursement, HRA, and LTC etc. would be admissible to them.
- **f**) **Extension:** Performance of the person would be continuously reviewed and their extension will be considered on the basis of periodic review /requirement.
- g) Leave: Personnel will be entitled for 30 days leave in a calendar year on pro- rata basis. Employee shall not draw any remuneration in case of his/her absence beyond 30 days in a year. Also any un-availed leave in a calendar year will lapse and will not be carried forward to the next calendar year.
- **h**) **Termination**: The contract can be terminated by giving a 30 days notice period by either party i.e. SAI & the employee.
- 9. How to Apply: The candidate has to apply only online through the link https://sportsauthorityofindia.nic.in/saijobs. Applications received through any other mode would not be accepted and summarily rejected. Before registering/submitting applications on the website the candidates should possess a valid E-mail ID. The e-mail ID entered in the online application form should remain active until the recruitment process is completed. No change in the e-mail ID will be entertained.

DATE OF OPENING ONLINE REGISTRATION: 01/10/2020 at 5 PM DATE OF CLOSING ONLINE REGISTRATION: 21/10/2020 at 5 PM

- 10. Candidates must apply within the scheduled time period, no application received after the last date shall be entertained that is upto 21/10/2020.
- 11. Decision of SAI in all matters regarding eligibility, selection and posting would be final and binding on all candidates. No representation or correspondence will be entertained by SAI in this regard.

- 12. SAI reserves the right to modify/alter/restrict/enlarge/cancel the recruitment process, if need so arises without issuing any further notice or assigning any further notice/any reasons thereafter. The decision of the SAI will be final and no appeal will be entertained against this issue. The panel made by SAI can also be utilized by various other Govt. organization for deployment of scientific staff for centres under their control which are supported under various schemes of SAI / Ministry of Youth Affairs & Sports.
- 13. In case of any dispute, jurisdiction of Court at New Delhi only will be applicable.
- 14. Please do visit your email account regularly for further updates.
- 15. Further notifications/corrigendum in this regard, if any, will be put up on SAI website only.
- 16. In case of any dispute, English version of the Employment notice will be treated as valid.

CANVASSING IN ANY FORM WILL BE A DISQUALIFICATION.

Designation	Job Responsibilities
Strength & Conditioning	1. Design and implement strength training and conditioning programs in-
Expert	season, off-season, and pre-season for all athletes in various programs
	in a manner that reflects research-driven practices in accordance with
	the Long-Term Athletic/Fitness Development Model.
	2. Work in cooperation with the sports medicine or athletic training staff
	in the rehabilitation and strengthening of injured athletes.
	3. Facilitate a collaborative relationship among sport coaches, sports
	medicine, and the strength and conditioning staff.
	4. Design and implement policies and procedures for the strength and
	conditioning program in accordance with the guidelines of SAI.
	5. Develop systems for tracking athlete attendance and athlete progress
	in conjunction with the sport coaches.
	6. Conduct an annual needs-analysis for each sport team in conjunction
	with the Coaching staff and sport science team at the conclusion of each sport season.
	7. Annually conduct and review a departmental risk management plan.
	8. Complete an annual budgetary proposal for the program that includes
	routine maintenance, purchase of new equipment, and staffing needs.
	9. Determine and reinforce expectations for athlete conduct for curricula
	and extra-curricular activities, as stated in the Centers Athlete Code of
	Conduct.
	10. Conduct an annual evaluation including the design of professional
	development activities.
	11. Carry out research on newest methods and techniques in Strength &
	Conditioning domain.
	12. Analyze data collected from athletes to suggest formation of norms for
	Indian athletes.
	13. Actively enter all data needed in the Athlete management System or
	with respect to performance evaluation of athletes.
	14. Any other duties assigned by High Performance Director, Sports
	Science Head and Regional Head and Director GeneralSAI.
Physiotherapist	Planning and development of physiotherapy protocols.
	2. Maintain the record of present and past injuries for the athletes in
	the camp/center
	3. Management of hydrotherapy, sauna/steam bath and other
	facilities available to the center.
	Evolve injury prevention strategy for the athlete in consultation with the team doctor
	5. Injury management in field.
	6. Shall be responsible for day to day injury prevention and
	rehabilitation of the athletes
	7. Assist in injury prevention strategy
	8. Any other duties assigned by High Performance Director, Sports
	Science Head and Regional Head and Director GeneralSAI.

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SAMPLE DOCUMENT DEMONSTRATING HOE THE CERTIFICATES ARE TO BE ATTESTED AND SCANNED AND COMPILED IN THE FORMAT REQUIRED.

APPLICATION FORM:

APPLICATION FORM FOR THE POST OF PHYSIOTHERAPIST AND STRENGTH & CONDITIONING EXPERT

- 1. Full Name in Capital Letters (as per the matriculation certificate):
- 2. Gender:
- 3. Date of Birth (as per the matriculation certificate):
- 4. Father's Name (as per the matriculation certificate):
- 5. Nationality:
- 6. Permanent Address:
- 7. Address for Communication:
- 8. Mobile number and Email ID (a valid and functional email ID to be provided):
- 9. Academic Qualifications:

Degree	Maximum Marks	Marks Obtained	Percentage of Marks	Name and Address of College/Institution	University	Year of Passing
Graduation (specify the discipline)						
Post- Graduation(s pecify the specialty)						

- 10. Subjects in Graduation—
- 11. Subjects in Post-graduation-
- 12. Details of certification course wherever applicable—
- 13. Details of Services rendered earlier/Experience in related field: (After the basic graduation).

Designation	Name and Address of	Duration of Tenure	Total Period

From To	

14. Details of sports achievements-

Details of participation- Name of event.

Year of participation

Position

Declaration: I solemnly declare that the above statements made by me are correct to the best of my knowledge and belief. I shall abide by the rules and regulation of Sports Authority of India.

Name & Signature of Candidate